

WARREN SENTINEL



"Jolly Rogers"

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Volume 64, Issue 31

F. E. Warren Air Force Base, Wyoming

August 5, 2005

Reverse the trend *Safety message from General Lord* **3**

Free family fun *Tops in Blue scheduled to perform Aug. 21* **6**

Build military muscle *New exercise tempo trains to fight* **2**



CAN I HAVE YOUR AUTOGRAPH?

A member of the Air Force Thunderbirds autographs a fan's T-shirt during the Thunderbirds' autograph signing at Frontier Mall July 26. The Thunderbirds come to Warren every year for an air show during Cheyenne Frontier Days. For more on the Thunderbirds, see Page 12.

Photo by Airman 1st Class Tessa Cubbon

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Commentary

Exercising builds your military muscle

Maj. Jeffrey Jenkins
90th Space Wing Plans and Programs

We all know what “deja vu” is, right? Deja vu is an intense feeling that something that just happened has happened before. But, does everyone know what “vuja de” is? It is an intense feeling that what just happened, has never happened before. Soon Airmen from all over the 90th Space Wing may be experiencing vuja de.

The tempo of exercises, already high, will soon jump to levels equal to our brothers and sisters in Air Combat Command and Air Mobility Command. Friends and neighbors, the winds of change are blowing like a Cheyenne afternoon gale.

The new mantra on exercises (I am quoting the 90th Space Wing Vice Commander) is “minimum simulation, minimum exemption and maximum participation.” The Mighty Ninety has a long tradition of minimizing involvement in exercises due to operational and/or manning constraints. If your shop has only two or three people manning it because you have five people TDY or two people on quarters with the plague, those two or three people manning the shop would still be expected to respond professionally to any “real world” event. Those same two or three people are now expected to

respond to any exercise inputs regardless of manning or constraints.

The idea is to train like you would fight. We don’t want to “game” exercises any longer; we want to find our shortfalls in order to fix them. What is the use of seeing scripted responses to situations we have known about for a year? We need to see how you respond when events come from out of the blue. The idea is not to set up a “rope-a-dope” scenario, but a meaningful, thought-out scenario to test the full response capability of our units. We are looking for the reaction to events out of our normal scope of operations.

Ladies and gentlemen of the Mighty Ninety, get ready for smaller, more concise random exercises, more often. The term “no-notice” is back.

It only makes sense to step up the

Exercise, Page 3

Man on the street

The Warren Sentinel asked Warren members, "What was your favorite part of Cheyenne Frontier Days?"



“The Challenge Rodeo for special needs kids. It was really cool.”

- Tech. Sgt. Mike Federer, 20th Air Force



“The concerts were awesome, and I loved the carnival.”

- Airman 1st Class Emily Klauke, 90th Services Squadron



“The Wild Horse Race. Three guys take this unbroken stallion, and after firing a gun or setting off a cannon, have to do one lap around the field on its back.”

- 1st Lt. Je Raley, 90th Civil Engineer Squadron



“The Challenge Rodeo for handicapped children. I always look forward to volunteering for that. It’s very satisfying.”

- Staff Sgt. Dariel Ramirez, 90th Medical Support Squadron

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DEADLINES:

Articles are due to public affairs, Building 250, room 201, by 4:30 p.m. Thursday the week before publication. Classified ads are due by 11 a.m. Tuesday the week of publication.

Classified ads can also be dropped off or mailed to Wyoming Newspapers, Inc., 202 E. 18th St., by 1 p.m. Tuesday the week of publication. Articles and ads that don't meet these deadlines won't be considered for that week's issue. Edito-

rial content is edited, prepared and provided by 90th Space Wing Public Affairs of Warren Air Force Base, Wyo., of Air Force Space Command. All photographs are Air Force photographs unless otherwise indicated. Public affairs reserves the right to edit content to conform to style and space requirements. Articles run on a space-available basis.

Direct questions or comments to the SENTINEL at 773-3381 or e-mail at Sentinel@warren.af.mil.

Published by:
Wyoming Newspapers, Inc.
202 E. 18th St., Cheyenne, WY, 82005
(307) 632-5666
Sentinel@warren.af.mil

Commentary

General Lord: Time to reverse trend

Redouble efforts, emphasize prevention

General Lance W. Lord
*Commander, Air Force
Space Command*

As we enter the month of August, the last full

month of the 101 critical days of summer and historically the most dangerous month of the year, we must redouble our efforts and our emphasis on mis-

hap prevention.

Sadly, the Air Force has already lost 17 warriors in off-duty mishaps since Memorial Day.

We must reverse this trend now.

We expect commanders and supervisors to look each Airman in the eyes and help them embrace life-saving, common

sense, risk management practices.

Focus your efforts on the leading contributors to off-duty fatalities: automobiles, motorcycles and water sports.

Emphasize being a good wingman and taking care of each other.

Virtually all mishaps are preventable.

In many of our fatalities, a good wingman may have saved a life if he or she had only stepped forward.

Let us beat the odds this season, reverse this unacceptable trend in fatalities and show the rest of the world we know how to take care of each other.

Remember: "safety is an attitude - get one!"

Exercise, from Page 2

exercise tempo. This wing has an awesome responsibility to ensure the base and all military and civilian personnel are prepared safely, at the drop of a hat, to rapidly respond to any scenario or event. We need to ensure our capability to respond professionally to

everything from a disturbance at the club, to launching 150 Minute-men (and a couple Peacekeeper) Intercontinental Ballistic Missiles under presidential directive.

As we know, missiles are our business and business is good, so let's keep our diligence, vigilance

and situational awareness honed for whatever comes our way. We will identify as many shortfalls as possible while showcasing our strengths to ensure fixes are in place and praise is lauded.

I believe this is the only way to truly show off the professionalism

and dedication that has made the 90 SW the success it has been, now is and can be in the future. We at wing plans and programs are dedicated to ensuring this base stays dedicated, motivated and educated concerning all facets of the missile mission.

6 by 7

Shuttle flight includes AFSPC efforts

Tech. Sgt. Jennifer Thibault
AFSPC Public Affairs

PETERSON AFB, Colo. – NASA successfully launched Shuttle Discovery July 26.

The launch marks NASA's space shuttle return to flight, but they are not doing it alone.

"NASA could not launch the space shuttle without range and space surveillance support from Air Force Space Command," said Jeffrey Ashby, former astronaut and liaison between the command and the National Aeronautics and Space Administration. "The dedication and attention to detail of AFSPC members is absolutely necessary for safe operation of the space shuttle."

That support is provided by members of the 45th Space Wing, 21st Space Wing, 50th Space Wing, 14th Air Force and Air Force Space Command.

Each unit is part of the command's combined efforts to meet both launch and on-orbit space shuttle requirements.

"We support NASA through our space surveillance network," said Lt. Col. David Maloney, Chief, Space Situation Awareness Branch. "Our

network consists of 31 radars and telescopes that track more than 13,000 man-made objects on a daily basis."

This information, mostly provided by the 1st Space Control Squadron, comes into play when NASA plans the shuttle's launch and orbit path.

"It's important to know where all of the objects are because we certainly don't want to launch the shuttle into the oncoming path of an orbiting man-made space object that is of sufficient size to damage the shuttle," said Colonel Maloney.

Outside of Space Situation Awareness Branch support, the Safety and Range/Spacelift Division at AFSPC headquarters also contributes to the shuttle launch.

"After the last launch, NASA said they needed better cameras. During the past two years we have worked on enhancements at the range to include long-range cameras that can track the shuttle after launch and improve video playback capabilities," said Maj. Vince Cassara, Chief, Safety and Range/Spacelift Division.

Major Cassara's division also assists with range money and equip-



Photo by NASA/KSC

The Space Shuttle Discovery launched from pad 39B at Kennedy Space Center, Fla., July 26.

ment issues and oversight for day-to-day operations.

The 50th SW will support the shuttle during launch, as well as throughout the mission.

"The 21, 22, 23 Space Operations Squadrons will all provide real time support to the shuttle mission," said Col. David Uhrich, 50th Network Operations Group Commander. "The

Air Force Satellite Control Network will provide more than 175 shuttle contact sorties during the flight. In addition, we have spent months and countless man-hours working with NASA to ensure accurate data flows from Johnson Space Center, through the AFSN, to the shuttle and back. Shuttle return to flight efforts have been a group priority."

ECAMP affects everyone

2nd Lt. David Masuck
90th Civil Engineer Squadron

The annual Environmental Compliance Assessment and Management Program inspection is scheduled for Aug. 15 to 19.

ECAMP serves a report card for the base commander on our environmental health and safety. It's a way to see what the strengths and weaknesses of our environmental program are. It's also a way to fix any emerging problems before the base is hit with fines and other legal penalties. ECAMP affects everyone and ev-

erything on base.

Before the inspection, look around your work area for anything that might be a problem. Pay particular attention to any pollutant sources that may release into the air or water. Also, make sure that all hazardous materials and universal waste like fluorescent lights and batteries are properly stored and disposed of.

Environmental personnel are trying to get out and look at every work center before the inspection.

For more information, or if you have any questions or concerns, contact the environmental office at 773-4359.



Photo by Mark Crabtree

GENERAL LORD VISITS WARREN

General Lance W. Lord, Commander of Air Force Space Command, and a family member check out the goods during the Cheyenne Frontier Days Chuckwagon Cookoff July 29.

Briefs

Chiefs and Sergeant Majors Golf Tournament

A Chiefs and Sergeant Majors Golf Tournament is scheduled for 8 a.m., Aug. 18 at the Warren Golf Course. The tournament will fund a college scholarship program to benefit enlisted members and families. The tournament includes four-person best ball, with prizes for first, second, third and last place. Cost is \$35 per person for greens, cart and tourney fees, with \$10 off for golf course members. String cost is one dollar per foot, up to 10 feet per team. Mulligans are \$2.50 each, two per person allowed. Red bombs are five dollars each, two per team allowed. Contact Chief Master Sgt. Richard Singhas by e-mail or at 773-2850 with your team member's names, or contact your chief or sergeant major.

Peacekeeper deactivation alumni celebration

The 90th Space Wing invites all the men and women who've worked with the Peacekeeper mission during their military or government career for a celebration Sept. 20 in recognition of the Peacekeeper deactivation.

The celebration offers Peacekeeper alumni tours of the training launch facility, missile procedures training facility, Warren Heritage Museum, a golf tournament, bus tours of Warren's historic homes and an alumni Santa Maria Barbecue, sponsored by the Peacekeeper Contractors of Air Force Space Command.

For more information and to register, visit www.PKdeact.com. Spaces are limited to a first come-first served basis. Participants must procure their own billeting and travel arrangements.

NCOA meetings

The Non Commissioned Officers Association, chapter 1169 will hold monthly general membership meetings the first Tuesday of every month in the upstairs of Building 347 (Airman's Attic). Members and non-members are welcome to attend. NCOA exists to enhance and maintain the quality of life for the enlisted core of all branches of the military, guard, reserve and retirees. Come out and support your base and community. For more information, contact Master Sgt. Robbin Rooney 773-2911 or Tech. Sgt. Johnny Goldfuss 773-3817.



Photo by 1st Lt. Nicole Walters

MEDICS TO THE RESCUE ...

Cowboy medics, including Warren members, assist a steer wrestler with a broken right leg during a Cheyenne Frontier Days Rodeo.

Tops in Blue to perform Aug. 21

Courtesy of Tops in Blue

The U.S. Air Force's Tops in Blue is offering a free night of family entertainment at the Cheyenne Civic Center at 7:30 p.m., Aug. 21.

In this year's show, Tops in Blue 2005 drums up their own rhythm in their swinging nightclub, Club Bleu. Audiences will be tapping their feet to pulsating music from great performers like the Platters, Gladys Knight and The Pips, Billy Joel, Gloria Estafan, The Weather Girls and many more. No Tops in Blue show would be complete without famous patriotic music, as the troop pays tribute to all Air Force personnel and their families who serve our

nation with pride and dedication.

"Tops in Blue is the Air Force's premier entertainment showcase," said Tom Edwards, show producer and chief of Air Force Entertainment. "The new 2005 team is a reflection of the 'best of the best' performers throughout the Air Force."

The Tops in Blue 2005 team will visit more than 120 locations in the United States and 25 foreign countries. Their official Web site is www.topsinblue.com and provides information about the 2005 touring schedule and how to join the team.

For more show information, contact 1st Lt. David Everson at 773-4331.

Officials: Troop withdrawals could begin next year

Gerry J. Gilmore
American Forces Press Service

BAGHDAD, Iraq -- A "fairly substantial" withdrawal of U.S. forces from Iraq could take place next spring or summer if the insurgency does not grow and the country's political process continues as scheduled, the commander of coalition forces said July 27.

U.S. Army Gen. George Casey, head of Multinational Force Iraq, spoke during a surprise visit to Iraq by Defense Secretary Donald H. Rumsfeld.

At a later joint news conference with Secretary Rumsfeld, Iraqi Prime Minister Ibrahim Jaafari said the departure of U.S. forces from his country depends on how soon Iraq

can train, equip and field its own soldiers and police to take over security duties.

"We do not want to be surprised," Minister Jaafari said in the event U.S. troops leave before the Iraqis are prepared to assume security.

General Casey said the insurgency in Iraq has not substantially increased within the past year.

"The insurgents need to progress to survive, and this insurgency is not progressing," General Casey said.

Instead of gaining strength, insurgents in Iraq have changed tactics, he said, to use "more violent, more visible" attacks on softer civilian targets. This is "a no-win strategy for the insurgents," General Casey said.

FRONTIERCADE '05

F. E. Warren's Annual Field Day & Family BBQ
Friday, August 26, Argonne Parade Field

An alternative duty location! Ya'll come now, Ya' hear!

**F.E. Warren AFB
SERVICES**
 Combat Support & Community Service

Opening Ceremony 10 a.m.

National Anthem • Invocation
 Opening remarks by Wing Commander
 Tossing of the Golden Buffalo Chip

Events for the Kids!

10 a.m. - 2 p.m. *No advance sign up necessary*
 Jump House • Sack Races • Egg Relays
 Tug-O-War • Face Painting

Field Day Events

8 a.m. - 1 p.m. *Squadron Competition*
Sign up for events at Freedom Hall or by e-mailing
Jacob.Trujillo@warren.af.mil
 Commander's Buffalo Chip Toss • 5K Run
 Volleyball • Soccer • Horseshoes
 Tug-O-War • 1.5 Mile Walk • 3-Legged Race
 Human Wheelbarrow Race • Joust
 Dizzy Bat Relay • Canyon Death Walk
 100 Yard Dash • Human Specimen Contest
 (Categories - String bean, big belly, worst tan and best physique)
 Chili Cook-Off • Apple Pie Baking Contest

Free Barbecue Lunch - 11 a.m. - 1:30 p.m.

Prepared by the 90th Services Squadron & served by volunteers from the Military Affairs Committee

Hamburgers • Hot Dogs • Baked Beans
 Cole Slaw • Chips • Coca-Cola



kickback SUMMER GRAND PRIZE DRAWING

**Trip for two to Cancun,
Mexico or Las Vegas, NV.**

Completed entry cards must be turned to a participating Services activity by Aug. 24 or at the parade field by noon, Aug. 26.

Live Entertainment by Seven Sundays!

Closing Ceremony - 2 p.m.

Presentation of Awards by Wing Commander
 kickback SUMMER prize drawings

Frontiercade is sponsored in part by the following businesses:





Photo by Airman 1st Class Jason Ridder

HOW 'GOLF BALLS' ARE MADE

SCHRIEVER AFB, Colo. – Contractors secure lines that will stabilize the antenna cover of the Air Force Satellite Control Network ground antenna, the Colorado Tracking Station, PIKE. The cover protects the antenna from the sometimes fierce weather at Schriever AFB, Colo. The AFSCN is operated by the 22nd Space Operations Squadron and supports a vast space mission including the recent launch of the Space Shuttle Discovery.

Predictability added to deployed travel

Tech. Sgt. J. LaVoie
506th Air Expeditionary Group Public Affairs

KIRKUK AIR BASE, Iraq – Most deployed Airmen know how far along they are in their rotation and when they expect to return home.

Until recently, that date was mostly speculation, but, thanks to aggregation, Airmen will know exactly when their replacement is coming and when they will leave.

U.S. Central Command Air Force officials have implemented this new program providing visibility on when incoming Airmen are supposed to arrive and, therefore, when departing Airmen should leave. Because these dates are set well in advance, there is no more guessing as to when a replacement should arrive or if they are on a certain plane. This program is not completely new. It was used to schedule Airmen arriving in theater during the past few rotations.

"They did such a great job of getting people over here during the last (air and space expeditionary force,) they are taking it one step further," said Col. Scott Mason, 506th Air Expeditionary Group commander here. "This adds predictability for Airmen so they can let families

and loved ones back in the United States know when they are getting home."

Once the time phase force deployment data sheet is confirmed and unit deployment managers start giving Airmen the dates they are going home, those dates are unlikely to change.

"We don't want Airmen making life-altering decisions based on the dates, but short of an aircraft breaking, they will move out of here in a two-day window and then leave the hub within two days," said Tech. Sgt. Lois Harm, 506th Expeditionary Logistics Squadron. "There will be a seat out of here, and out of the hub, with (their) name on it."

This means Airmen should return home within five days from the date they are given by their unit deployment managers.

"What's great about this plan is the wait time (at the hub) will be measured in hours, not days," Colonel Mason said.

Airmen will also know further out when their replacements will arrive. This will allow more time for outprocessing and better turnover.

"During the last rotation some people didn't find out their replacement was on a plane until a few hours out," Sergeant Harm said. "That won't happen this rotation."

Space superiority critical to success in modern warfare

Capt. Johnny Rea
AFSPC Public Affairs

FORT WORTH, Texas – Space capabilities are critical for success in modern warfare, according to the commander of Air Force Space Command.

"We need to assure [space] capabilities are available to our joint warfighters, and that means we must maintain space superiority," said General Lance W. Lord, during a keynote address to the Fort Worth Airpower Council July 27. "We wouldn't go to war without making air superiority our first priority. The same now holds true in the space arena."

Space enables precise attack on the battlefield and has transformed the way the U.S. fights modern wars.

Precision-guided munitions using Global Position-

ing System satellites limit the exposure and vulnerability of forces while minimizing collateral damage and maximizing combat effectiveness, the general said.

"In Operation Iraqi Freedom, we saw Saddam [Hussein] attempt to use GPS jammers against us. That was important because it marked the first space combat," General Lord said. "I think it was fitting – and a bit ironic – that we used GPS-aided munitions (Joint Direct Attack Munitions) to destroy the GPS jammers."

While the general considers it a success story, he also sees it as a warning.

"My view is our space advantage is going to continue to be challenged," he said. "You don't need an active space program to be in the space business."

He added, anyone with a credit card can go on the Internet and purchase satellite imagery or buy the capability to use satellite communications.

"Our enemies know this, too, and that's why it's crucial that we develop robust capabilities in the space superiority area," he said. "We must protect and defend what we have in space so that we can protect our joint warfighters on the ground, in the air and at sea."

He said space superiority is a prerequisite for success and described three elements necessary for achieving and sustaining it.

"Space situational awareness provides a robust understanding of what's going on in the medium of space," said General Lord.

Defensive counterspace is



Photo by Capt. Johnny Rea

General Lance W. Lord, AFSPC Commander, visits with Tuskegee Airmen and their families at a Fort Worth Airpower Council meeting July 27.

not a program or a goal, but rather a mindset, he said. "We must work diligently to protect our advantage in space. Our nation depends on it."

Finally, the general said the U.S. must develop the ability to counter enemy systems through reversible

effects.

In fighting the Global War on Terrorism, "we've traded mass of forces for speed and accuracy," he said. "The capabilities we provide – from and through space – are the single biggest advantage to our forces."



Photos by 1st Lt. Nicole Walters

First Lt. Jeremy Sparks, 321st Missile Squadron missileer and the only Air Force sponsored cowboy protector, distracts a bull during the Cheyenne Frontier Days rodeo Saturday.

Bulls-eye

Lt keeps cowboys safe



Stint as squadron CC broadens It's perspective

It's not often that a lieutenant is assigned as an acting squadron commander, but for 1st Lt. Tyrone Bess the opportunity arose to do just that. Second Lt. Josh Edwards sat down with Lieutenant Bess to talk about his assignment as acting 90th Security Support Squadron commander, his nomination for 90 Seconds of Fame and his goals for the future.

Why do you think you were recommended to be in "90 Seconds of Fame?"

I guess obviously someone was impressed with what they saw or heard me say. Maybe I'm a good candidate to put some words and inspiration out to the troops.

What participation did you have in Cheyenne Frontier Days? Any volunteer work? Concerts?

Actually, I went out with the Company Grade Officer's Council and we picked up trash for nine hours. Wonderful time, I recommend it.

What do you do at the 90 SSPTS?

I'm in charge of training and resources; that's my primary job. They changed my job title to make it an operations officer job, because I'm the number two officer in the squadron. My main job is to train the wing's 1,153 security forces in everything from tactics to nuclear security, force on force, anything we do at this base with the missile field and law enforcement.

What was it like being the acting commander for the 90 SSPTS?

It was probably one of the best experiences that I've ever had. I learned a whole lot. Being able to sit in on the meetings with the different commanders and see how they think and work, my perspective has been broadened greatly. Not to mention that very few first lieutenants would ever get that kind of opportunity. I'm thankful that the powers that be have enough confidence in me to allow me to do the job.

Why were you selected for it?

I think by virtue of being the number two officer in the squadron. The group probably could have sent anyone down here, but based on the fact that the only officers



Photo by Airman 1st Class Tessa Cubbon

First Lt. Tyrone Bess, 90th Security Support Squadron, works diligently on a talking paper and other training-related tasks Tuesday.

are the commander and me here in the squadron, I guess by virtue of default, a little luck, and the confidence of other squadron and group commanders to allow me to do this job.

How long were you acting as commander?

Seven weeks. Maj. Frances Dorish is here now, but because she's not up on PRP yet, I still do some command things. Until she's up on PRP, it's still an ongoing process.

What was your favorite part?

The opportunity to learn, more than anything. I realized how little I knew about the military after I went into that particular job. There's so much to learn and so much left to be aware of. All of the new commanders are really busy, but I had no idea until I was able to sit in a spot where my schedule was changing day in and day out. It's pretty hectic.

When and why did you join the Air Force?

I joined the Air Force in March of 1995. Honestly, I was getting in some trouble in L.A., and it was definitely time for me to get up and out of California, away from Los Angeles, and in my opinion, the Air Force was that avenue for me. It's definitely not for everybody, but the

Air Force worked for me and gave me a different perspective on life, and I think I've done okay to this point. There's still a lot of room for improvement, though.

What are your career goals?

My goal is to be a squadron commander, and be the best security forces officer I can be.

What are your life aspirations?

Definitely to take care of my daughter, to provide opportunities for her to succeed and excel. That's probably my biggest life aspiration. I want to take care of my family, and be a positive example and role model for everybody, not for one particular person or group of people. The Air Force is one big family, so anybody I can positively impact matters to me.

Who is your hero, and why?

My father is my hero, without question. He showed me the value of hard work, even to this day, how to be a man, how to be responsible, how to take care of my wife when I get married.

My parents have a Huxtable type of relationship, literally. A lot of people have issues in their personal life and marriage, but from my personal experience in my family, I've seen that it doesn't have to

be that way. My father is the best man I know.

What do you do in your free time?

I go to the gym. I'm a pretty boring person, kind of a homebody. I read a lot, and eat.

What would you do if you were president for a day?

That's a tough question. There are so many issues on the table. One of the first things I would do is bring more jobs here to the United States.

I would like to increase the employment rate with high-paying jobs so people don't have to be on welfare or food stamps.

What would you do if you were wing commander for a day?

I would give the security forces group \$25,000 to get the base obstacle course repaired. I would also make it an easier process for people working nuclear-related duties to get recognized with medals.

What's your life's motto?

"A true stature of a man is not how he stands in times of comfort and convenience, but how he stands in times of challenge and controversy." A quote by Dr. Martin L. King Jr.

Trail's End Barber Shop now open

Zee's Barber Shop in the Trail's End Club is now open for business.

Barber shop hours are 8 a.m to 4 p.m., Mondays through Fridays.

For appointments, call 635-5378. Walk-ins are also welcome.

Five-person paintball tournaments

Get a team together and enter the five-person paintball tournaments hosted by outdoor recreation. Prize packages are sponsored by Jax Outdoor Gear and On-Site Automotive (no federal endorsement of sponsors intended).

The next tournament is scheduled for Saturday.

Enter at outdoor recreation, from 11 a.m. to 5 p.m., Mondays, Tuesdays, Thursdays and Fridays. Entry fee is \$15 per person.

This includes unlimited Co2, 200 paintballs, safety equipment and marker if needed.

Official tournament rules apply.

No outside paint; paint is available for sale on site.

Prizes and awards for the tournament are:

First place: trophies, PMI paintball pants, jerseys, glove sets and coupons for 20-ounce Co2 fills.

Second place: trophies, six-plus-one packs with tubes and coupons for 20-ounce Co2 fills.

Third place: trophies, \$15 Jax gift certificates and coupons for 20-ounce Co2 fills.

For more information call 773-2988.

Family Day at Chadwell Dining Facility

Every Sunday is Family Day at Chadwell Dining Facility.

All active duty members may bring their family members with military ID cards to dine at Chadwell, noon to 1 p.m. Family members of the deployed

are also welcome.

Family members of E-1 to E-4 active duty are welcome to accompany their sponsor during all Chadwell Dining Facility meal times.

Car wash special

Tired of messing around with quarters when that car of yours needs to be washed?

Call or stop by the auto skills center and purchase a pre-programmed wash card.

For more information, call the auto skills center at 773-3869.

Xtreme Bowling

Come to Warren Lanes on Friday and Saturday nights and participate in Xtreme Bowling.

Xtreme Bowling includes music, laser lights, smoke machines, glow-in-the-dark shoes, pins and balls.

The cost is \$7.50 per lane/per hour.

Bowl 9:30 to 11 p.m. Fridays, and 7 to 11 p.m. Saturdays.

Give Parents a Break program

Give Parents a Break is a free childcare program for active-duty members with children ages 6 weeks to 11 years who are under unique stress.

The program is available monthly on the first Saturday, 8 a.m. to noon and third Friday, 5:30 to 9:30 p.m.

For more information or to request a referral for the Give Parents a Break program, contact your squadron commanders, first sergeants, chaplains, medical professionals, family advocacy, family support center or the child development center.

Auto skills stalls

The auto skills center now offers reservations for a patron-use stall.

Stalls are reserved one business day prior to use for \$3 per hour. One stall is available for reservations, and doesn't include a lift.

Reserved stalls are held until five minutes after the

reserved time then released to waiting patrons.

For more information, contact 773-3869.

The Spa at the aquatic center

The Spa at the aquatic center offers massage therapy, hot stone massage, couples massage, body wraps (mud, seaweed, etc.), sugar scrub, facial mask/reflex session, ear candling and air brush tanning.

For more information, call the aquatic center at 773-3195.

Mystery diner program

Chadwell Dining Facility is looking for Airmen who frequent the dining facility to be mystery diners. These volunteers will fill out a unique Hennessy award-based comment card.

Participants may also be chosen to judge the Iron Chef competition.

For more information, call Chadwell Dining Facility at 773-3838.

6 by 6

**FREEDOM ELEMENTARY
SCHOOL
2005-06 REGISTRATION
FOR STUDENTS LIVING ON
WARREN**



**AUG. 16 AND 17
WARREN EDUCATION CENTER
1205 BLACK POWDER ROAD
BUILDING 841, ROOM 24
7 A.M. TO 4 P.M.**

BRING PROOF OF RESIDENCY.

**IF YOU ARE NEW TO LARAMIE COUNTY SCHOOL
DISTRICT #1, BRING BIRTH CERTIFICATE, SHOT
RECORDS AND FORMER SCHOOL ADDRESS.**

Personnel Reliability Program is everyone's responsibility

Question: What is the purpose of the nuclear weapons Personnel Reliability Program?

Answer: To ensure that each person who performs duties involving nuclear weapons meets the highest possible standards of reliability.

Look for general knowledge questions and answers every week in the Sentinel, courtesy of the base PRP office.

Your password?

COMPUSEC inspection begins Monday

Senior Master Sgt. James Howard
Information Systems Flight

The Air Force Space Command Information Assurance Assessment and Assistance Program team is conducting an inspection of the 90th Space Wing Information Assurance Program Monday to Aug. 19.

The IAAP team inspects communication security accounts, computer security, information assurance and awareness programs, telephone security, network security, and a host of other security related items.

During their inspections, the team runs classified message incidents and virus incident exercises to assess proper response by users, unit COMPUSEC managers, and wing information assurance personnel.

Those involved with one of these exercises must follow the virus and incident checklist, located next to their workstations. If unable to locate the checklist, members should contact their

unit COMPUSEC managers.

Additionally, the inspectors will engage in a social engineering exercise aimed at gathering passwords. Their latest ploys not only attempt to ascertain your existing password over the phone, but also have you change your password to one given by them. This seems less questionable, and users are more likely to change their password when prompted to do so, rather than give out their existing password. Workgroup managers, functional system administrators, and help desk personnel will never ask you for your password over the phone.

Any attempts to elicit a password from a network user, or direction to change your password over the phone, should be reported immediately to the information assurance office at 773-5139.

For more information, contact your unit's COMPUSEC manager or the 90 SW Information Assurance office at 773-5139.

101 CRITICAL DAYS OF SUMMER

I C A R E

101 CRITICAL DAYS OF SUMMER

Be sure to portray the proper image in all we do

IMAGE

We are part of a team and our actions affect everyone

COMMITMENT

Stay in the right frame of mind...be positive and set the example

ATTITUDE

Let your actions be the example. Have fun and remain safe

RESPONSIBILITY

Get excited about this time of year

ENTHUSIASM

101

Critical Days of Summer

101 CRITICAL DAYS OF SUMMER

101 CRITICAL DAYS OF SUMMER

101 CRITICAL DAYS OF SUMMER